KAMPÜSTE SAĞLIMIZİ KORUMAK, HASTALIĞIN BULAŞMA RİSKİNE EN AZA İNDİRMEK İÇİN

TEMEL KURAL

1. MESAFE KURALLARI
- Kapak veya takıdan bahsetmeden en az 1,5 metreden mesafe tutununuz.
- Kapaklı olanlar, belirli bir kişi veya şeyin üzerinde bulunmamalıdır.

2. DISTANCE RULES
- In enclosed or crowded spaces, seating should be arranged so that a distance of at least 1.5 meters is observed, and face masks should be used.
- For enclosed spaces, limits indicating the maximum number of occupants must be observed.
- Loud talking and shouting increases the amount of scattered droplets. Hence it is absolutely necessary to maintain a minimum distance at 1.5 meters and wear a face mask during rest and breaks.

3. HYGIENE RULES
- Hands should be washed frequently with soap and water or cleaned thoroughly with sanitizer.
- Face masks being worn, one should cough and sneeze into the inside of the sleeve.
- Attention should be paid toward respiratory hygiene particularly in common areas.
- There is a high risk of transmission from frequently touched surfaces such as handrails, electrical switches and door handles. Hands must be washed after touching such objects, and mouth, nose, and eyes should not be touched.
- Before and after working in common areas, objects that are handled by everyone, such as doorknobs, switches and benches must be cleaned with a disinfectant, hands should be washed with soap, or a hand sanitizer must be used to ensure hand hygiene.
- Food and beverages should not be consumed in the common areas.

HİJYEN KURALLARI

1. DISTANCE RULES
- In enclosed or crowded spaces, seating should be arranged so that a distance of at least 1.5 meters is observed, and face masks should be used.
- For enclosed spaces, limits indicating the maximum number of occupants must be observed.
- Loud talking and shouting increases the amount of scattered droplets. Hence it is absolutely necessary to maintain a minimum distance at 1.5 meters and wear a face mask during rest and breaks.

2. HYGIENE RULES
- Hands should be washed frequently with soap and water or cleaned thoroughly with sanitizer.
- Face masks being worn, one should cough and sneeze into the inside of the sleeve.
- Attention should be paid toward respiratory hygiene particularly in common areas.
- There is a high risk of transmission from frequently touched surfaces such as handrails, electrical switches and door handles. Hands must be washed after touching such objects, and mouth, nose, and eyes should not be touched.
- Before and after working in common areas, objects that are handled by everyone, such as doorknobs, switches and benches must be cleaned with a disinfectant, hands should be washed with soap, or a hand sanitizer must be used to ensure hand hygiene.
- Food and beverages should not be consumed in the common areas.

HİJYEN KURALLARI

1. DISTANCE RULES
- In enclosed or crowded spaces, seating should be arranged so that a distance of at least 1.5 meters is observed, and face masks should be used.
- For enclosed spaces, limits indicating the maximum number of occupants must be observed.
- Loud talking and shouting increases the amount of scattered droplets. Hence it is absolutely necessary to maintain a minimum distance at 1.5 meters and wear a face mask during rest and breaks.

2. HYGIENE RULES
- Hands should be washed frequently with soap and water or cleaned thoroughly with sanitizer.
- Face masks being worn, one should cough and sneeze into the inside of the sleeve.
- Attention should be paid toward respiratory hygiene particularly in common areas.
- There is a high risk of transmission from frequently touched surfaces such as handrails, electrical switches and door handles. Hands must be washed after touching such objects, and mouth, nose, and eyes should not be touched.
- Before and after working in common areas, objects that are handled by everyone, such as doorknobs, switches and benches must be cleaned with a disinfectant, hands should be washed with soap, or a hand sanitizer must be used to ensure hand hygiene.
- Food and beverages should not be consumed in the common areas.

MASKE TAKMA KURALLARI

1. KALABABAL ORTAMDA
- Toplu bir alanda birakmayın.
- Toplu tavan veya duvar arası açı collapsible edilebilir.
- Kapaklı kalan yerlerin dekondürülmüşdür.

2. KALABABAL ORTAMDA
- Toplu tavan veya duvar arası açı collapsible edilebilir.

3. YUKEN TOMUS
- [Toplu alanda akan su gibi].

Maske takma kuralları

1. KHAKİ ALTIN
- Tekerlekli araçlarda ve fabrikada.

2. KALABABAL ORTAMDA
- Toplu tavan veya duvar arası açı collapsible edilebilir.

3. YUKEN TOMUS
- [Toplu alanda akan su gibi].

The conditions for the highest risk

- If you are entering a crowded area.
- If you are traveling by public transport or private vehicle.

Dikkat!
- Alkol, disinfek, nötral döşer, beden ışık, beyaz ışık, beyaz ışık, taze ve çok alıcı bir şekilde birbiriyle yamaların maske takarılması konusundaki dijitalinize ciddi olduğu ve bu materyal bir Mağandan hâlâ bilinmemektedir.

Attention!
- If you have a complaint such as fever, cough, shortness of breath, sore throat, headache, muscle aches, loss of taste and smell or diarrhea wear a mask to isolate yourself from others, and definitely inform the Health Center.

OCCUPATIONAL HEALTH AND SAFETY

3. BASIC RULES TO PROTECT HEALTH ON CAMPUS AND TO MINIMIZE THE RISK OF INFECTION

1. DISTANCE RULES
- In enclosed or crowded spaces, seating should be arranged so that a distance of at least 1.5 meters is observed, and face masks should be used.
- For enclosed spaces, limits indicating the maximum number of occupants must be observed.
- Loud talking and shouting increases the amount of scattered droplets. Hence it is absolutely necessary to maintain a minimum distance at 1.5 meters and wear a face mask during rest and breaks.

2. HYGIENE RULES
- Hands should be washed frequently with soap and water or cleaned thoroughly with sanitizer.
- Face masks being worn, one should cough and sneeze into the inside of the sleeve.
- Attention should be paid toward respiratory hygiene particularly in common areas.
- There is a high risk of transmission from frequently touched surfaces such as handrails, electrical switches and door handles. Hands must be washed after touching such objects, and mouth, nose, and eyes should not be touched.
- Before and after working in common areas, objects that are handled by everyone, such as doorknobs, switches and benches must be cleaned with a disinfectant, hands should be washed with soap, or a hand sanitizer must be used to ensure hand hygiene.
- Food and beverages should not be consumed in the common areas.

3. FACE MASK RULES
- If you are entering a crowded area.
- If you are traveling by public transport or private vehicle.

Selinum hiyeni nedir?
- Maskenin takılacağı durumlarda, öksürük hastalığının en kısa zamanlı yolu olarak kabul edilmektedir.

What is respiratory hygiene?
- For respiratory hygiene, the inside of the albow should be washed while coughing and sneezing if one is not wearing a face mask, then hands should be washed.

Ağdaşlı durumlarda mutlaka maske takılmalıdır.

• Ağıdaşlı durumlarda mutlaka maske takılmalıdır.

• Kapaklı ortamda gillibizma.

The conditions for the highest risk

- If you are entering a crowded area.
- If you are traveling by public transport or private vehicle.

Dikkat!
- Alkol, disinfek, nötral döşer, beden ışık, beyaz ışık, beyaz ışık, taze ve çok alıcı bir şekilde birbiriyle yamaların maske takarılması konusundaki dijitalinize ciddi olduğu ve bu materyal bir Mağandan hâlâ bilinmemektedir.

Attention!
- If you have a complaint such as fever, cough, shortness of breath, sore throat, headache, muscle aches, loss of taste and smell or diarrhea wear a mask to isolate yourself from others, and definitely inform the Health Center.

OCCUPATIONAL HEALTH AND SAFETY

3. BASIC RULES TO PROTECT HEALTH ON CAMPUS AND TO MINIMIZE THE RISK OF INFECTION

1. DISTANCE RULES
- In enclosed or crowded spaces, seating should be arranged so that a distance of at least 1.5 meters is observed, and face masks should be used.
- For enclosed spaces, limits indicating the maximum number of occupants must be observed.
- Loud talking and shouting increases the amount of scattered droplets. Hence it is absolutely necessary to maintain a minimum distance at 1.5 meters and wear a face mask during rest and breaks.

2. HYGIENE RULES
- Hands should be washed frequently with soap and water or cleaned thoroughly with sanitizer.
- Face masks being worn, one should cough and sneeze into the inside of the sleeve.
- Attention should be paid toward respiratory hygiene particularly in common areas.
- There is a high risk of transmission from frequently touched surfaces such as handrails, electrical switches and door handles. Hands must be washed after touching such objects, and mouth, nose, and eyes should not be touched.
- Before and after working in common areas, objects that are handled by everyone, such as doorknobs, switches and benches must be cleaned with a disinfectant, hands should be washed with soap, or a hand sanitizer must be used to ensure hand hygiene.
- Food and beverages should not be consumed in the common areas.

3. FACE MASK RULES
- If you are entering a crowded area.
- If you are traveling by public transport or private vehicle.

Selinum hiyeni nedir?
- Maskenin takılacağı durumlarda, öksürük hastalığının en kısa zamanlı yolu olarak kabul edilmektedir.

What is respiratory hygiene?
- For respiratory hygiene, the inside of the albow should be washed while coughing and sneezing if one is not wearing a face mask, then hands should be washed.

Ağdaşlı durumlarda mutlaka maske takılmalıdır.

• Ağıdaşlı durumlarda mutlaka maske takılmalıdır.

• Kapaklı ortamda gillibizma.

The conditions for the highest risk

- If you are entering a crowded area.
- If you are traveling by public transport or private vehicle.

Dikkat!
- Alkol, disinfek, nötral döşer, beden ışık, beyaz ışık, beyaz ışık, taze ve çok alıcı bir şekilde birbiriyle yamaların maske takarılması konusundaki dijitalinize ciddi olduğu ve bu materyal bir Mağandan hâlâ bilinmemektedir.

Attention!
- If you have a complaint such as fever, cough, shortness of breath, sore throat, headache, muscle aches, loss of taste and smell or diarrhea wear a mask to isolate yourself from others, and definitely inform the Health Center.